



Annual General Meeting Minutes
8 March 2012

Opening:

The Annual General Meeting (AGM) of the Honiton Running Club was held at The Lodge on 8 March 2012.

1. Apologies for Absence

- Apologies were received from Paul and Jo Lowman, Greg Axsel and Steve Boyes.

2. Minutes of the AGM 2011

- The minutes of the previous AGM were agreed and signed.

3. Chairman's Report

John welcomed everyone to the AGM and commented that it had been a privilege to have the position of chair of the club for another year.

Where now for the club, the coming year:

- We will hold two village runs that will include a walk and a cycle ride for those who want to do them but also include an invitation to the members of the village to take part – Payhembury and Pymtree
- We are going to do Race for Life again this year and extend invitations to members of Weight Watchers and Slimming World. And also let the local surgery know.
- We are still hoping that progress will finally be made in the development of Sports Facilities in Honiton.
- Presentation showing:
 - Membership trends – broadly static over the last 4 years 91-100 members but effective membership is about 75
 - What kind of club are we? We are more of a social/fitness/enjoyment club than a race orientated club
 - Handicap run trends: - peaked in 2009. 2010 and 2011 saw a 20% drop in participation: Compared to AVR and SRC we have half their numbers taking part but AVR is a bigger club
 - Points trophy trends: Peaked in 2009 with 450 race entries. 2011 had just over 300 race entries.
 - Participation in events – 44 members did 3 or fewer events. 17 did 6 or more.
 - Most popular events in 2011 were: OSM 10K (27), Stagger/Stumble (21) and Grizzly/Cub (20)

- How to tip the balance?
 - Targeting events
 - Handicap move venue in the summer (May-August) to Cotleigh
 - Aim to do one more event than last year.

My personal thanks to:

- The Committee in general for support and running the admin of the club,
- Sponsor – Richard Harris at To and Fro for his ongoing support for the Juniors,
- Judy – for her role as secretary, doing all the race reports, the coaching programme, her ongoing commitment to the Juniors,
- Warren – continuing role of Club Captain with great commitment. He has dealt with the organisation of team events, he has lost all remaining hair in organising The Sport Relief Mile, taken part in the coaching programme with both the adults and the Juniors,
- Roger for meticulous care of the accounts and for organising Pub Runs & The Duathlon,
- Bruce for taking on the organisation of Monday evenings and for encouraging us all to get involved more with events. The club terrier,
- Lyn and Carol for their great commitment in providing weekend runs for the steady brigade,
- Mickie acting as liaison/leader of a group of ladies on Tuesday and Thursday and for organising excellent social events,
- Nick for organising, lots of training, Lake Bled and for almost organising The Hippo,
- Jo and Ian for continuing to look after the beginners/slower runners,
- Juniors' coaches not already mentioned, Richard for so ably leading the Juniors, Tracey for her ongoing commitment and enthusiasm for coaching both Juniors and Seniors. Fran for continuing to travel in to coach the Juniors and also for helping me with the Beauty and The Beast. Helen for getting involved with the juniors.

Finally a big thank you to you all for helping to make Honiton Running Club such a friendly, adventurous, often exciting and always an interesting group to belong to.

4. Secretary's Report

- **Affiliations**

The club continued its affiliation to England Athletics and Devon AA.

Having dropped our affiliation to The Association of Running Clubs last year because we were not making use of it, new developments in race regulations by EA means that the new committee needs to consider rejoining ARC.

Organising events on the public highway is becoming increasingly difficult and time-consuming so we need to find ways to reduce the burden on the shoulders of the club members involved in race organisation.

- **Coaching & Training programmes**

- Continued Wednesday coaching programme this winter with good support. Viv Matthew paid us a visit and the Sports hall sessions have again been well received by those taking part. Thanks to Judy, Jo, Warren and Tracey. In Summer on a Wednesday night we have had separate pace groups
- Bruce Strawbridge & Helen Davey gained their Leadership in Running Fitness qualification. Bruce has taken on the organisation of the Monday night run and Helen has been very involved with coaching the Juniors
- John & Roger attended a Race Officials training day
- John gained his Chapter 8 qualification
- Grizzly & Marathon Training Runs have been organised Warren and others.
- The Faster Runners group on a Friday continues to be a useful addition to the club week although John would like more company in the Mixed Bunch

- **Club Events**

- Blackdown Beast 2nd successful running in 2011
- Hippo – 3rd running adult entries slightly up plus over 80 in the Hippo Calf
- Blackdown Beauty. We added a shorter 10 mile option and it was again well-attended
- Woodland Relays a mixed success. A good turnout at Peak Hill in May but the July event was not well supported by any of the clubs and will be dropped this year.
- Put on our first Cotleigh Canter with a total of about 150 runners, juniors and seniors
- Since the Colyton Children in Need event was cancelled last year we put on a Duathlon in Payhembury to support this cause. It attracted some interest from the village and we shall repeat it this year.

- **Social Activities**

- Very successful trip to Slovenia and The Lake Bled 10K with many thanks to Nick
- BBQ at Mickie & Brent's and Breakfast Run from Gerry & Maggie's
- London Marathon Support Trip – thanks to Nick
- Camping Weekend on Dartmoor – thanks to Mickie and Warren
- Trip to do Exmoor Stagger & Stumble – thanks to Bruce
- Fireworks Party – thanks to Richard & Pippa
- Very successful Christmas dinner – Mickie & Brent
- Numerous walks organised by Ian and Paul

- **Club Kit**

- Looking into the purchase of wicking t-shirts in club colours
- Also looking to subsidise a new t-shirt or club vest for new members

5. **Treasurer's Report**

- **Sponsors**

Thanks to our sponsors:

Strawbridge transport
Nick Thorpe Car Sales
To-An-Fro Hire

- **Accounts**

- Loss of £402 over the year, but paid overdue Sports Centre fees.
- Total funds in bank at 1 January 2012 was £6,880 (last year £7,282).
- Paid Sports Hall fees of £922.60 including fees not invoiced in 2010.
- Accounts verified by accountant.
- Full accounts available on request.

- **Charity**

- Status of the club is a Community Amateur Sports Club Scheme.
- Donations have been made
 - ✓ £1,915 - Shelterbox (London Marathon)
 - ✓ £215 - Children in Need (Duathlon)
 - ✓ £180 - Blackdown Hills Trust (Beast/Beauty)
 - ✓ £300 - Cotleigh Youth and Playground Committee (Canter)
 - ✓ £99 - Help for Heroes (Steve Boyes Marathons)

- **Future Subscriptions due 1 April 2012**

- EA same as last year at £5 (optional).
- HRC subs same as last year at £15 (Full Adult Membership).
- Students at £10 and Family membership £37.50

6. **Juniors' Report**

The Honiton RC Junior Section is now into its 5th year.

- **Membership and Coaching**

- Forty to Fifty members attend each week.
- 2 groups are now required.
- Tracey departed the coaching staff (Thanks given) and Helen Davey joined (Welcome aboard).
- More Coaches are welcome and 50% of fees are paid with the remainder being paid once 10 sessions have been put into practise. Overall zero cost..

- **Races and Other Events and Achievements**

HRC Juniors dominated the Exeter 3K series with 17 plus at each meeting. A top 3 place was won at all age categories and attendance and performance was untouched by other local clubs.

5 Junior members ran for the county and 3 competed at the nationals. The Juniors will be invited to join the senior Handicap.

Thanks were given by Richard to the ongoing commitment of coaches.

The future is Bright...

7. Club Captains Report

A good year for the Club with excellent performances all over the world. Heather gained a Bronze in the 100km at Perth and Fran, Brian and Bruce put in good performances in London. Alan Rowe also popped along to the Stanley Marathon in the Falkland Island, Baton in Hand.

Steve Boyes ran 5 Marathons in 5 days coming 2nd in his age group in the Forces March in aid of help for Heroes. Brent was a Superhero at the Farway 10k literally.. Bruce, Steve and Judy Beat the Bus, 21 runners made it to Lake Bled with Julian coming home first from the Club and a further 21 runners staggered and stumbled in Exmoor.

The Hippo had a good turnout and we manage 8 teams in Woodland relay including a Winning Mixed team (including Warren!) and came 2nd in both the Men's and Ladies category. The Cotleigh canter was created and had a good turnout for its first year and was very well supported by both the village and Club.

Overall an excellent year for the club, Thank you all.

8. Dissolution of the Committee for 2010-2011

Kevin Hawker has stood down from the committee.

9. Nominations / Elections of the Committee for 2011-2012

- All current Committee positions were maintained.
- The old committee was re-elected with the welcome addition of Clare Melbourne and Nick Bradley Carter.

10. Set date of First Meeting of the Committee

- The first meeting was arranged for Thursday 19th April 2012.

11. Any Other Business

- No other Business was raised.

12. Club Awards 2011-2012

John presented Flowers and Chocolates for organisation, assistance and help. Thanks to all:

Carol and Lyn

Nick Thorpe

Bruce Strawbridge

Judy Davey

Ian Jeeves

Roger Saunders

Tracey Strawbridge

Warren Oak

Richard Harvey

Mickie Dicks

Awards:

- Chairman's "Good Egg" Paul Lowman
- Captains Trophies
 - Male: Nick Bradley Carter
 - Female: Julie Payne
- Most Improved Runner Clare Melbourne
- Points Trophy Winner Bruce Strawbridge
- Points Trophy Runner-up Olivia Higginson
- Handicap Trophy Winner Olivia Higginson
- Handicap Trophy Runner-up Brent Dicks
- Cross Country Trophy Bruce Strawbridge
- Club Member of the Year Bruce Strawbridge
- Club Member of the Year Runner-up John Burgess

Adjournment:

The meeting was closed at 20.35 by John Burgess.

Minutes submitted by: Gary Enticott

Provisionally Approved by: John Burgess