



Meeting Minutes
7 April 2011

Opening:

The regular meeting of the Honiton Running Club Committee was called to order at 19.00 on 7 April 2011 by John Burgess.

Present:

John Burgess, Judy Davey, Gary Enticott, Jo Lowman, Warren Oak, Roger Saunders and Bruce Strawbridge.

1. Apologies for Absence

- Apologies were received from Mickie Dicks and Kevin Hawker.

2. Minutes of Last Meeting

- The minutes of the 20 January 2011 meeting were agreed and signed.

3. Matters arising

- AGM invitations were sent for the AGM.
- AGM catering was confirmed and adequate provision was provided.
- Committee roles were opened to all club members and applications received accordingly.
- Club rules were updated to include confirmation of committee roles; these were subsequently agreed at the AGM.
- Club trophies, awards and nominations were forwarded to John and presented at the AGM.
- Renewal of CRB for coaches was forwarded and any remaining requirements will be contacted by Judy.
- London Marathon supporters were offered shared transport and a group of cars have been confirmed.
- The Bleep test has now been scheduled for 13 April.
- Help to assist with the Run in the Wild race has been offered to Chard Running Club with particular emphasis on the Juniors' event.

4. Chairman's Report

- The Blackdown Beast received a very good attendance and was very well received by participants.
- The AGM was attended by circa 50 club members and the venue and catering was very good.
- The Grizzly was well supported. Honiton runners were slightly down on previous years, but 10 marshals represented the Club well and general support around the course was good. A notable performance was made by Fran Bond finishing 6th Lady.
- Marathon and long run training has been popular and well supported by members.
- The beginners group is going well and many are making significant improvements. Clare Melbourne in particular has now completed her first Grizzly Cub and Half Marathon (Taunton).

5. Secretary's Report

- Various correspondences have been received with regards to the Honiton Hippo and replies have been sent accordingly.
- England Athletics renewal has been received and passed to Roger for payment. This can be noted as paid.
- Level 2 Endurance courses are set to run locally over 2 weekends with a following assessment. The club will support any coaching interest within the club. Judy will enquire, to Paul Ross, if any Race Official courses are scheduled.

6. Treasurer's Report

- A deficit of circa £380 on the club accounts since 31 December 2010. The accounts remain very healthy at £7,000 with Subscriptions due in the next month.
- A sport centre bill was also paid for a late invoice for the majority of 2010 use.
- AGM costs have also been paid.
- Family membership was discussed and a discount will be given to juniors of club members via a 50p discount on weekly fees. Therefore regular membership fees will apply to seniors and juniors with a benefit given an ongoing basis.

7. Final Hippo Arrangements.

- The final meeting was held for the Hippo committee and all arrangements were set, these included:
 - Trophies and awards have arrived.
 - Cash prizes will be given to winners.
 - Timing and finishing places will be recorded via a laptop programme with manual recording as back up.
- Posters will be made to promote the Cotleigh race and Duathlon at the Hippo.

8. Summer Running Programme.

- Monday will continue as the social run with quicker runners looping back and then splitting from the main group towards the end of the run to a quick pace.
- Wednesday runs will include the pub run and handicap as scheduled.
- Other Wednesday runs will include a separate training for quicker runners that will be a longer faster run on the base of the main run. It may include a fast paced loop or a training area of hill reps, sprint training and will be led by Bruce, Judy, Kevin or Steve on the night.
- Other runs may see the return of the 1 mile PB challenge followed by a long run and a two 2.5 mile loop run around Stoney lane in both directions.

9. Points Trophy.

- The format and scoring was discussed to see if any improvements or changes could be made, but it was agreed that the current basis will be kept.

10. Rewarding and Recognising the achievements of new and/or slower runners.

- To reward and recognise newer, slower and non competitive runners, it was agreed that Jo Lowman and Ian Jeeves would nominate runner that had improved and achieved during the year.
- An award will be added and suggestions are to be given to John.

11. AGM.

- For the 2011-12 AGM food will be based on a given cost and not head count.

12. Club Kit.

- Judy will email and discuss periodically to get group orders of club kit.
- The possibility of a club hoody or fleece will be investigated and communicated as a club special and must have.

13. Race for Life.

- No formal Race for Life training will be offered by the club, but it will be incorporated into the current beginner training with all welcome. Adverts and notices will be made for the training as an ideal for Race for Life runners.

14. Bag for Sport.

- Gary will organise another Bag for Sport Collection and communicate the details. This has been set for 11 May 2011 and bags will be required prior by delivery to 29 Church Hill or at Club nights.

15. Cotleigh Race.

- Measurements need to be made of the course and officially registered. John Perrett will be contacted by John.

16. Any Other Business.

- A Grizzly presentation is being held next Wednesday with John and maybe Warren attending. It was agreed that any donation to the club would be split with a charity donation. The marshals will be given the option to select a charity, or the club charity Shelterbox. In addition a £25 payment will be made to Richard Harris towards fuel used on the Mini bus transport used on the day.
- Minutes will be added to the Website and updates are to continue in a monthly bulletin from John.
- The Honiton Duathlon is progressing for 11 September with a venue and course to be confirmed.
- London Marathon Criteria agreed on 8 October 2009 is to be added to the rules. An amendment will be made to clarify that Club places deferred due to injury will be given if all other criteria is met. A Special meeting will be held to agree and confirm the change.
- Heather has requested for the Duchy Cup to be engraved by the Club and for a Club jacket to wear at presentations of any future award presentations. It was agreed to engrave the Cup, that includes winner and club name, but it was felt that it was not fair to other club members to issue a club jacket.
- Steve Boyes has entered the Help for Heroes 5 Marathons in 5 days event and has asked the Club to assist with entry fees. Following the example by AVR to pay for the entry of one of their runners, it was agreed to pay the full entry fee of £90 with Steve funding transport and accommodation. Alan Rowe is to be informed as this is a major charity in his fund raising.
- Geoff Woodward is the above named AVR entry for 5 Marathons in 5 days and will be holding a Woody 7 run and social event next month. An invite will be sent to club members with funds raised being given to Help the heroes.
- Welfare officers were confirmed as Gary Enticott and Jo Lowman.

- A Park Run is being held at Killerton Park on 23 April and an invite will be sent to Club members. Other runs may follow.
- Help with the Over the Hill and Farway has been requested. Further requirement will be clarified and informed to the Club to assist.

Adjournment:

The meeting was closed at 21.30 by John Burgess. The next meeting will be at the Burgess Residence on Thursday 9 June 2011, 19.00.

Minutes submitted by: Gary Enticott
Approved by: John Burges

