HONITON RUNNING CLUB

invites you to

THE COTLEIGH CANTER

Sunday, 7th September 2014 10.30am

Road 10K & 5K + 3K Fun Run

The 10K is 2 laps of the 5K route.

Fun Run minimum age 9 years unless accompanied by an adult.

Race HQ and Start/Finish – Cotleigh Village Hall, (nr. Honiton)

Toilets and Parking (Please follow directions for parking)

Prizes for 1st/2nd M/F in each event inc. Fun Run.

Goody Bag for main race runners, Medals for all fun runners

Prize for 10k/5k male and female course records

This race is part of the InStep Devon Championship 2014

Entry fee Adults £10.00 or £8.00 for Running Club members + £2 on the day

Fun Run £3.00

Please complete the form and send with A5 SAE to:

The Cotleigh Canter, Lynwood, Offwell, Honiton EX14 9RY

Please enter me for: (tick which race)	**CANTER 1OK**		**CANTER 5K**		**CANTER FUN RUN**	
First Name		**Surname**				
Postal Address and Town						
Post Code		**Phone No:**				
Email address						
Sex	**M/F**		**Date of Birth**		**Age on race day**	
Primary School (if applicable)						
Running Club (if applicable)						

Please make cheques payable to Honiton Running Club

Final date for postal applications is 1st September 2014, applications received after that date can be collected from the registration desk at Race Headquarters on the day. **Last entries on the day by 9.45 a.m.**

The race will be run under England Athletic rules and entrants must be of amateur status. A signed entry form is considered as an acceptance of governing body rules and a declaration that you will compete on foot & run entirely at your own risk. Honiton Running Club & its sponsors accept no responsibility for participants' failure to observe these requirements. The minimum age for 10K race competitors is 16 years. EA Race No. 2014-12413

SIGNED:	**DATED:**
SIGNED (Parent/Carer for runners U16)	**DATED:**

For up-to-date information or queries – www.honitonrc.com

Please note; if the event should be cancelled for reasons outside of our control we regret that refunds cannot be made. But; should such circumstances arise any profits will be donated to a local charity.