

Honiton Running Club present  
**THE BLACKDOWN BEAST**

**Saturday 28<sup>th</sup> January 2023, 10 am**  
**Start/Finish: Dunkeswell Airfield, Dunkeswell EX14 4LG**

A 16 MILE SOCIAL RUN with lots of beautiful countryside, splendid company and MUD  
10 mile version available with transport back to the start – you must select this to be certain of a lift back.

**Sorry but no dogs allowed and minimum age of 16.** The run will be in four legs as follows:

Leg 1 ~ 7.25 miles to Smeatharpe Village Hall (Pasties and Mulled Wine FREE)

Leg 2 ~ Smeatharpe 2.8 miles to Sidmouth Arms, Upottery (Finish of 10 mile option)

Leg 3 ~ Upottery 3.3 miles to Luppitt Inn/Village Hall (cash needed)

Leg 4 ~ Luppitt 2.7 miles to Dunkeswell Airfield (Hot food on offer – need to pay)

**Please note this is a social event and not a race. Runners participate at their own risk.**

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**The Blackdown Beast - Saturday 28<sup>th</sup> January 2023, 10 am. More details at [www.honitonrc.com](http://www.honitonrc.com)**

**Entry Fee £20 to include doughnuts and drink (tea) at first stop (Smeatharpe).**

**Printed instructions and maps will be available at start.**

**Cheques to be made payable to: Honiton Running Club. All profits go to MacMillan Cancer Charity. Last time we raised over £2000.**

*I choose to enter the event at my own risk*

Name:			D.O.B.	
Address:				
Postcode:				
Tel:				
Email:				
Club (if any):				
Distance (tick)	Full Course (16 miles)		10 miles & transport back to start	
Emergency contact	Name:	Tel. No.		

Signature	
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**Closing date for receipt of postal entries is Monday 23<sup>rd</sup> January 2023**

**BUT this event normally is sold out by early January**

**Return form with cheque to: Roger Saunders, Placidus, Barrow Road, Payhembury, Honiton, Devon. EX14 3HX**

**Please check [www.honitonrc.com](http://www.honitonrc.com) & Blackdown Beast Facebook page for up-to-date details**