

Honiton Running Club present
THE BLACKDOWN BEAST

Saturday 25th January 2020, 10 am

Start/Finish: Highfield Sport and Social Club, Culm Way, Dunkeswell EX14 4JP

A 16 MILE SOCIAL RUN with lots of beautiful countryside, splendid company and MUD
10 mile version available with transport back to the start – you must select this to be certain of a lift back.

Sorry but no dogs allowed and minimum age of 16. The run will be in four legs as follows:

Leg 1 ~ 7.25 miles to Smeatharpe Village Hall (mulled cider and hot pasty FREE)

Leg 2 ~ Smeatharpe 2.8 miles to Sidmouth Arms, Upottery (Finish of 10 mile option)

Leg 3 ~ Upottery 3.3 miles to Luppitt Inn

Leg 4 ~ Luppitt 2.7 miles to Highfield Club, Dunkeswell (Hot food on offer – need to pay)

Please note this is a social event and not a race. Runners participate at their own risk.

The Blackdown Beast - Saturday 25th January 2020, 10 am. More details at www.honitonrc.com

Entry Fee £13 to include hot pasty and drink (mulled cider or tea) at first stop (Smeatharpe).

Printed instructions and maps will be available at start.

Cheques to be made payable to: Honiton Running Club. All profits to MacMillan Cancer Charity

I choose to enter the event at my own risk

Name:				D.O.B.		
Address:						
Postcode:						
Tel:						
Email:						
Club (if any):						
Distance (tick)	Full Course (16 miles)	<input type="checkbox"/>	10 miles & transport back to start	<input type="checkbox"/>		
Pasty type	Gluten Free	<input type="checkbox"/>	Meat	<input type="checkbox"/>	Veggie <input type="checkbox"/>	

Signature	
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Closing date for receipt of postal entries is Monday 20th January 2020

BUT this event sold out by early January last year

Return form with cheque to: Roger Saunders, Placidus, Barrow Road, Payhembury, Honiton, Devon. EX14 3HX

Please check www.honitonrc.com & Blackdown Beast Facebook page for up-to-date details