

Honiton Running Club present

THE BLACKDOWN BEAST

Saturday 27th January 2013, 10 am

Start/Finish: Highfield Sport and Social Club, Culm Way, Dunkeswell EX14 4JP

A 16 MILE SOCIAL RUN with lots of beautiful countryside, splendid company and MUD

NEW 10 mile version available with transport back to the start – you must select this to book a lift back

The run will be in four legs as follows:

Leg 1 ~ 7.25 miles to Smeatharpe but with a hot drinks stop half-way

Leg 2 ~ Smeatharpe 2.8 miles to Sidmouth Arms, Upottery (Finish of 10 mile option)

Leg 3 ~ Upottery 3.3 miles to Luppitt Inn

Leg 4 ~ Luppitt 2.7 miles to Highfield Club, Dunkeswell (Hot food on offer)

Please note this is a social event and not a race. Runners participate at their own risk.

The Blackdown Beast - Saturday 27th January 2013, 10 am. More details at www.honitonrc.com

Entry Fee £8 to include map, instructions, hot pasty and drink (mulled cider or tea) at first stop (Smeatharpe)

Cheques to be made payable to: Honiton Running Club. All profits to McMillan Cancer Charity

I choose to enter the event at my own risk

Name:				
Male/Female:				
Address:				
PCODE:				
Tel:				
Email:				
Club (if any):				
Distance (tick)	Full Course (16 miles)	<input type="checkbox"/>	10 miles & transport back to start	<input type="checkbox"/>
Pasty type	Veggie	<input type="checkbox"/>	Meat	<input type="checkbox"/>

PLEASE ENCLOSE C5 or bigger SAE (with correct postage):

Closing date for receipt of postal entries is Monday 21st January

BUT this event sold out by mid-December last year

Return form to: John Burgess, 33 Church Hill, Honiton, Devon. EX14 2DB

Please check www.honitonrc.com & Blackdown Beast FB page for up-to-date details