

Honiton Running Club present

THE BLACKDOWN BEAST

Saturday 30th January 2010, 10 am

A 15 MILE SOCIAL RUN with lots of beautiful countryside, splendid company and MUD
The run will be in four legs as follows:

Leg 1 ~ Start; 10 am at The Royal Oak Dunkeswell then 6.3 miles to Smeatharpe

Leg 2 ~ From Smeatharpe 2.8 miles to Sidmouth Arms, Uptontery

Leg 3 ~ Uptontery 3.3 miles to Luppitt Inn

Leg 4 ~ Luppitt 2.4 miles to Royal Oak Dunkeswell (Optional meal)

Please note this is a social event and not a race. Runners participate at their own risk.

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Entry Fee £6 to include map, instructions, hot pasty and drink (mulled cider or tea) at first stop (Smeatharpe)

Cheques to be made payable to: Honiton Running Club

I choose to enter the event at my own risk

Name:			
Male/Female			
Address:			
Pcode			
Tel:			
Email			
Club if any			

Return form to: Nick Thorpe, Flays House, Lower Cheriton, Payhembury, Devon. EX14 3JJ

Closing date for receipt of entries is Monday 25th January